

Prevea is committed to superior care

You'll feel empowered during your birthing experience because your Certified Nurse-Midwife will be with you during labor and delivery—providing you with clinical expertise, encouragement and emotional support.

Prevea Health is the first health care system in the area to offer a certified nurse-midwife program for expectant mothers, and the only provider to offer midwife services at two area hospitals, St. Mary's and St. Vincent Hospitals.



**Marta Brace,
MSN, CNM, IBCLC**

Certified by the American Midwifery Certification Board, Marta has more than 30 years' experience as a CNM. She's a certified lactation consultant with a master's degree from the University of Illinois.



**Toni Westphal,
MSN, CNM**

Toni is certified by the American Midwifery Certification Board. She received her master's degree from the University of Minnesota.



**Abbey Maraka,
MSN, CNM**

Certified by the American Midwifery Certification Board, Abbey received her master's degree from Marquette University in Wisconsin.

Understanding Women. It's our specialty.



St. Mary's Health Center

1715 Dousman St., Green Bay, WI 54303

Call (920) 405-1430 or 888-2PREVEA to schedule an appointment.

You may request a complimentary visit to meet a provider and gather more information. To find Prevea providers, visit www.preveawomen.com.

Certified Nurse-Midwives



one family of care



Trusting your care to a certified nurse-midwife

You and your family will feel confident that you're receiving excellent care when you choose a Certified Nurse-Midwife (CNM) as your provider. That's because Prevea Health's CNMs are licensed health care professionals educated in both nursing and midwifery.

Our CNMs graduated from university-associated programs accredited by the American College of Nurse-Midwives (ACNM) and have passed a national examination by the American Midwifery Certification Board to become certified. Prevea Health's providers are licensed in Wisconsin as registered nurses (RNs), Certified Nurse-Midwives and Advanced Practice Nurse Prescribers. To ensure that you receive the most up-to-date care, our CNMs participate in continuing education programs on a regular basis.

Certified Nurse-Midwives emphasize education and healthy lifestyles for you and your family. They tailor your care based on your individual needs and those of your family for physical care as well as emotional and social support. Your CNM will encourage both you and your family to be actively involved during pregnancy and birth — respecting your cultural values and personal preferences.



Is a CNM right for you?

If you're one of the growing number of women who want to be closely involved in making health care decisions, you'll appreciate knowing that CNMs offer personalized care. Your CNM will allow time to answer your questions and educate you about good health habits as well as the physical and emotional changes you're experiencing.

CNMs are trained to provide a variety of primary health care services:

- Prenatal care
- Labor and delivery care in the hospital
- Care after birth
- Gynecologic exams
- Breast-feeding education and support
- Assistance with family planning decisions
- Management of menopause symptoms
- Counseling in health maintenance and disease prevention

Your baby will receive special attention

The CNM philosophy of care is to closely monitor each patient for a healthy pregnancy, labor and birth.

Your Certified Nurse-Midwife will guide you through your pregnancy and attend your baby's delivery within the safety of the hospital environment. Your CNM also will support you in your childbirth choices ...whether you want a non-medicated labor or the option of using medications.

You'll have peace of mind knowing our Certified Nurse-Midwives work closely with Prevea obstetricians to manage any potential complications of labor and delivery. Your CNM works within a team of physicians, nurse practitioners, physician assistants, nurses and support staff to ensure you receive the best possible care at Prevea.

