

Impact baseline testing

Free at-home testing now available

Facts about concussion baseline testing

- Baseline testing measures your brain functioning in a healthy state. If you get a concussion, doctors use your baseline test to know the “normal” cognitive functioning you need to return to.
- A baseline test should be taken by ANYONE, ages 12 to 59, who is at risk for concussion and should be completed every year, just like a physical.
- Trained health care providers are the only people who should diagnose and treat concussions. Your baseline test serves as one of the tools that doctors use to diagnose and treat concussions.
- You can take your own baseline test online at home at Baselinetesting.com. If you have previously taken the Impact concussion test, you will be prompted on how to connect the tests.

Follow the simple instructions below to get started:

Before you start

- Plan for about 30 minutes to take the test
- Find a quiet room that is free from distractions to take the test
- Test should be completed using Google Chrome web browser
- Turn off pop-up blockers before taking the test

Steps

1. Check your inbox for an email from IMPACT. Simply click on the link in the email to start the process.
2. You will be prompted to watch a short instructional video before taking the test.
3. Follow the prompts throughout the test.
4. When your test is complete, you will receive another email with a PASSPORT ID. This ID is a unique and specific code that providers can use to access your test results. IT IS IMPORTANT TO SAVE THE CONFIRMATION **PASSPORT ID** FOR FUTURE REFERENCE.

If you have any questions or concerns, call Prevea Concussion Clinic at (920) 272-3300.

