

# Your guide to orthopedic care

## *Care when you need it.*



### FOR URGENT ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
<b>NURSE CALL</b>	<p><b>For injury, illness or medical advice.</b> For guidance whether to wait to see your provider or to seek medical treatment sooner.</p>	<b>Available 24/7</b>	<b>Free</b>	Call <a href="tel:888-277-3832">(888) 277-3832</a>
<b>ATHLETIC TRAINER CALL</b>	<p><b>Licensed athletic trainers can help with:</b></p> <ul style="list-style-type: none"> <li>• Answering injury concerns</li> <li>• Provide a treatment plan</li> <li>• Offer next step recommendations</li> </ul>	<p><b>Monday – Friday</b> 8 a.m. to 9 p.m.</p> <p><b>Saturday</b> 8 a.m. to 4 p.m.</p>	<b>Free</b>	<p><b>Green Bay Region,</b> call <a href="tel:920-785-8616">(920) 785-8616</a></p> <p><b>Northern Wisconsin,</b> call <a href="tel:920-785-8616">(920) 785-8616</a></p> <p><b>Sheboygan Region,</b> call <a href="tel:920-395-6669">(920) 395-6669</a></p>
<b>VIRTUAL CARE</b>	<b>For injuries, pain and minor burns.</b>	<p><b>Available 24/7</b></p> <p>Response within one hour during business hours of 8 a.m. to 8 p.m. Monday through Friday, 8 a.m. to 4 p.m. weekends. If visit is initiated outside of business hours, a response will be provided by 9 a.m. the following day.</p>	<p><b>Up to \$35</b></p> <p>Pay online by credit or debit card.</p> <p>No charge if a diagnosis cannot be determined.</p>	<p>Visit <a href="https://prevea.com/virtual-care">prevea.com/virtual care</a></p> <p>Fill out an online questionnaire for a medical assessment, diagnosis and treatment plan.</p>
<b>INJURY CONSULT CARE</b>	<p><b>Evaluation from a licensed athletic trainer for emergent orthopedic and sports medicine needs, such as:</b></p> <ul style="list-style-type: none"> <li>• Concussions</li> <li>• Dislocations</li> <li>• Fractures</li> <li>• Sprains and strains</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p> <p><i>Prevea Ashwaubenon Health Center only</i></p>	<p><b>Free</b></p> <p>All physician and therapy appointments, imaging (X-rays, MRIs, etc.) and medical equipment (crutches, braces, etc.) will be billed to insurance.</p>	<p>Call <a href="tel:920-785-8616">(920) 785-8616</a></p> <p>Same day and next day appointments typically available</p>
<b>URGENT CARE</b>	<p><b>For conditions such as:</b></p> <ul style="list-style-type: none"> <li>• Animal bites</li> <li>• Cuts without profuse bleeding but require stitches</li> <li>• Sprains, strains, dislocations and minor fractures/ broken bones</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 8 p.m.</p> <p><b>Weekends and holidays</b> 8 a.m. to 4 p.m. at select locations</p>	<p><b>Office visit</b> Billable to insurance</p>	<p><b>Walk-in care at any <a href="#">Prevea Urgent Care location</a></b></p> <p>Optional: reserve your spot online</p>
<b>EMERGENCY ROOM</b>	<p><b>For medical emergencies if you are experiencing:</b></p> <ul style="list-style-type: none"> <li>• Severe pain</li> <li>• Severe broken bones</li> </ul>	<b>Available 24/7</b>	<p><b>Emergency visit</b> Billable to insurance</p>	<p><b>Call 911 or go to your nearest emergency department</b></p>

## FOR NON-URGENT ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
MYPREVEA	<p>Send secure non-urgent messages to a recent provider to:</p> <ul style="list-style-type: none"> <li>• Ask a question</li> <li>• Send a comment</li> <li>• Request a prescription refill</li> <li>• Request an appointment</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Available 24/7</b> Messages typically responded to within two business days.</p>	<p><b>Free</b></p>	<p>Visit <a href="https://myprevea.com">myprevea.com</a> or MyPrevea app</p> <p>New users, go to <a href="https://myprevea.com">myprevea.com</a>, click on SIGN UP NOW, then click the green SIGN UP ONLINE button on the right side of the screen.</p>
SPORTS MEDICINE AND FAMILY MEDICINE PHYSICIANS	<p><b>Injury care and non-surgical treatment</b></p> <ul style="list-style-type: none"> <li>• Care of muscle, bone and joint conditions that do not require surgery</li> <li>• Casting and splinting</li> <li>• Concussion diagnosis and management for athletes and non-athletes</li> </ul> <p><b>Family medicine services</b></p> <ul style="list-style-type: none"> <li>• Yearly physicals including sports physicals</li> <li>• Sick visits</li> <li>• Management of chronic conditions</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p>	<p><b>Office visit</b> Billable to insurance</p>	<p><a href="#">Schedule online</a> Call <b>(888) 277-3832</b></p> <p>No referral needed</p>
PHYSICAL AND OCCUPATIONAL THERAPISTS	<p><b>Hands-on treatment of disease, injury or deformity</b></p> <ul style="list-style-type: none"> <li>• Experiencing muscle, bone or joint pain</li> <li>• Suffering from arthritis</li> <li>• Recovering from surgery or injury</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p>	<p><b>Office visit</b> Cash pay or billable to insurance</p>	<p><a href="#">Schedule online</a> Call <b>(888) 277-3832</b></p> <p><a href="#">No referral needed</a></p>
ROUTINE FOOT CARE SPECIALISTS	<ul style="list-style-type: none"> <li>• Toenail clipping</li> <li>• Corn/callous trimming care</li> <li>• Foot care guidance and counseling</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p> <p><i>Greater Green Bay and Northern regions only</i></p>	<p><b>\$35</b> Payment at check-in; not billable to insurance</p>	<p><a href="#">Schedule online</a> Call <b>(920) 272-3300</b></p>
PHYSIATRISTS/PAIN MANAGEMENT PHYSICIANS	<p><b>Treatment to reduce pain, strengthen muscles and restore mobility</b></p> <ul style="list-style-type: none"> <li>• Acute musculoskeletal pain and injury</li> <li>• Acute and chronic nerve pain issues or nerve conditions</li> <li>• Chronic back and neck conditions</li> <li>• Conditions that impairs function</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p>	<p><b>Office visit</b> Billable to insurance</p>	<p><a href="#">Schedule online</a> Call <b>(888) 277-3832</b></p> <p>No referral needed</p>

## FOR NON-URGENT ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
CHIROPRACTORS	<p><b>A drug-free approach to reduce spinal nerve stress</b></p> <ul style="list-style-type: none"> <li>• Chronic joint or muscle pain</li> <li>• Back or neck pain</li> <li>• Frequent headaches</li> <li>• Been in a car accident recently</li> <li>• Been diagnosed with arthritis, fibromyalgia or chronic fatigue syndrome</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p> <p><i>Sheboygan County only</i></p>	<p><b>Office visit</b> Billable to insurance</p>	<p>Call <a href="tel:9207833150">(920) 783-3150</a></p> <p>No referral needed</p>
ORTHOPEDIC PROVIDERS <a href="#">NPs and PAs</a>	<p><b>Evaluation and treatment of common muscle, bone or joint concerns</b></p> <ul style="list-style-type: none"> <li>• Perform physical examinations</li> <li>• Diagnose and treat acute injuries</li> <li>• Order imaging, such as X-rays and MRIs</li> <li>• Prescribe medications and other therapies/treatment</li> <li>• Perform procedures, such as suturing and casting</li> <li>• Assist in surgery</li> <li>• Administer injections</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p>	<p><b>Office visit</b> Billable to insurance</p>	<p><a href="#">Schedule online</a> Call <a href="tel:8882773832">(888) 277-3832</a></p> <p>No referral needed</p>
ORTHOPEDIC SURGEONS MDs AND DOs	<p><b>Complex or surgical muscle, bone or joint care</b></p> <ul style="list-style-type: none"> <li>• Arthroscopy</li> <li>• Cartilage restoration, repair and replacement</li> <li>• Fracture management</li> <li>• Joint replacement including hip, knee, ankle, shoulder, elbow and wrist replacements</li> <li>• Ligament and tendon repair</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p>	<p><b>Office visit</b> Billable to insurance</p>	<p><a href="#">Schedule online</a> Call <a href="tel:8882773832">(888) 277-3832</a></p> <p>Referral needed</p>
PODIATRISTS	<p><b>Specialized treatment specifically for feet and ankles</b></p> <ul style="list-style-type: none"> <li>• Non-operative and surgical care</li> <li>• Orthotics and corrective inserts</li> <li>• Routine foot care</li> </ul> <p><a href="#">Learn more</a></p>	<p><b>Monday – Friday</b> 8 a.m. to 5 p.m.</p>	<p><b>Office visit</b> Billable to insurance</p>	<p><a href="#">Schedule online</a> Call <a href="tel:8882773832">(888) 277-3832</a></p> <p>No referral needed</p>