



CORPORATE WELLNESS

REDEFINING CORPORATE WELLNESS WITH PURE BARRE

| A complete, healthy and fulfilling life begins with selfcare and wellness. Incorporating an element of wellness into your personal and professional life offers many benefits. Whether you are looking to build strength and endurance, improve core strength, or focus on your wellness, Pure Barre can help you reach your goals.

WHAT COMES WITH A CORPORATE OFFERING?

BENEFITS OF PURE BARRE



01 | INCREASED STRENGTH AND ENDURANCE



02 | IMPROVED MIND-BODY CONNECTION



03 | IMPROVED CORE STRENGTH



04 | INCREASED FLEXIBILITY AND BALANCE



05 | BECOME A PART OF THE PURE BARRE COMMUNITY

\$10 OFF

ON ALL MEMBERSHIP
OPTIONS +
0% ENROLLMENT

1 FREE FOUNDATIONS CLASS