

Healthy Male Subject Sample Report Date of Scan | 05.13.2022

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To check out this report in 3D, visit app.springbokanalytics.com.



Executive Summary



 Height | 6ft 1in
 Weight | 195lbs
 Scan Date | 05.13.2022

Key Observations

- **1. Asymmetry:** Hip abductors and hip external rotators have a high level of asymmetry and are larger on the right leg. Knee flexors are notably larger on the left leg.
- **2. Asymmetry:** High asymmetry in the gluteus maximus, semitendinosus, medial gastrocnemius, and soleus muscles.
- 3. **Development:** Low development levels bilaterally in the lower leg muscles.
- **4. Development:** High development levels bilaterally in the vastus lateralis, sartorius, adductor magnus, and tensor fasciae latae.

No injuries quantified.

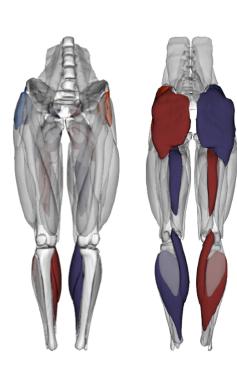
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Asymmetry Profile

Muscles with the greatest volumetric differences between legs are identified below. Blue muscles indicate a muscle is larger on that side, and the corresponding muscle on the opposing leg will be colored red.



Muscle Groups

Left

Hip External Rotators Hip Abductors Hip Internal Rotators

Right

Ankle Plantar Flexors Knee Flexors

Individual Muscles

Left

Gluteus Maximus Obturator Internus Gluteus Medius

Right

Soleus Gastrocnemius: Medial Head

Semitendinosus

L | R Asymmetry
Smaller Normal Larger

LIR

L-R Asymmetry (%)

Lumbar Spine

Hip Flex. Hip Ext.

Hip Abd.

Hip Add.

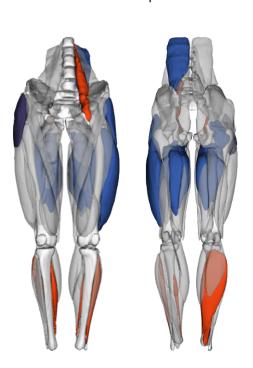
Ankle Ev. Ankle Inv.

15 10

Hip Int. Rot. Hip Ext. Rot. Knee Flex. Knee Ext. Ankle DF Ankle PF

Development Profile

Muscle volumes are scored from 0-100, with expected volume based on the subject's height and weight scored as 50. Muscles deviating most from their expected volume are identified below, where blue muscles are larger and red muscles are smaller than expected.



Muscle Groups

Left

Right

Ankle Invertors
Ankle Plantar Flexors

Individual Muscles

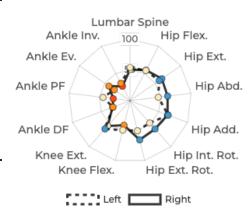
Left

Obturator Internus Erector Spinae Tensor Fasciae Latae Semitendinosus Adductor Magnus Vastus Lateralis

Right

Tensor Fasciae Latae Flexor Digitorum Longus Flexor Hallucis Longus Gemelli Tibialis Posterior Quadratus Femoris

Springbok Score





>85.0

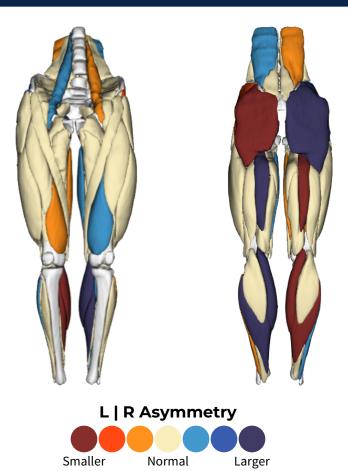
50

<15.0

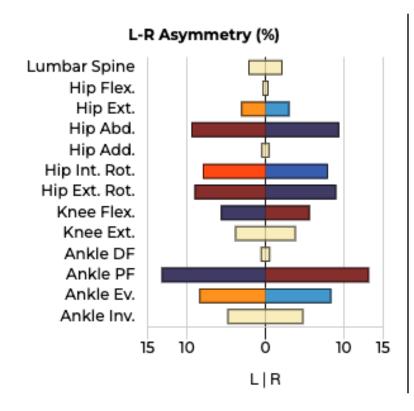
Full Lower Extremity Muscle Asymmetry Profile



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| | Group | L | R |
|-------------|----------------------|-------|--------|
| | Lumbar Spine | 2.2% | -2.2% |
| Hip & Trunk | | | |
| | Flexors | -0.4% | 0.4% |
| | Extensors | -3.1% | 3.1% |
| | Abductors | -9.4% | 9.4% |
| | Adductors | 0.5% | -0.5% |
| | Internal Rotators | -8.0% | 8.0% |
| | External Rotators | -9.0% | 9.0% |
| | | | |
| Knee | Flexors | 5.7% | -5.7% |
| | Extensors | 3.9% | -3.9% |
| | | | |
| Ankle | Dorsiflexors | -0.6% | 0.6% |
| | Plantar Flexors | 13.2% | -13.2% |
| | Evertors | -8.4% | 8.4% |
| | Invertors | 4.9% | -4.9% |
| | | | |



Most Asymmetric Muscle Groups

- Hip External Rotators
- Ankle Plantar Flexors

Most Symmetric Muscle Groups

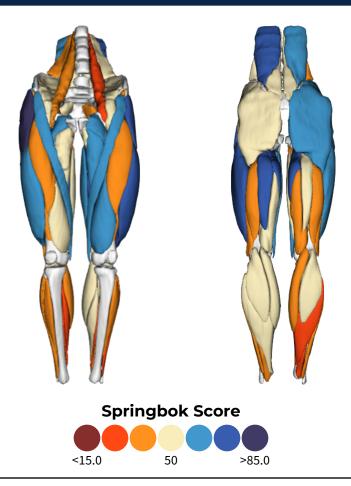
- 1 Ankle Dorsiflexors
- 2 Hip Flexors

Full Lower Extremity

Muscle Development Profile

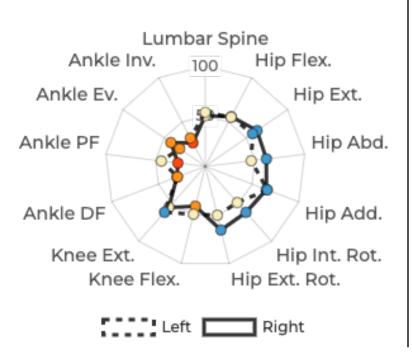


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| | Group | L | R |
|-------------|----------------------|------|------|
| | Lumbar Spine | 54.0 | 50.6 |
| | | | |
| Hip & Trunk | Flexors | 55.4 | 56.1 |
| | Extensors | 57.5 | 62.9 |
| | Abductors | 46.4 | 61.6 |
| | Adductors | 66.3 | 65.4 |
| | Internal Rotators | 48.3 | 61.4 |
| | External Rotators | 50.3 | 65.6 |
| | | | |
| ee | Flexors | 49.2 | 41.0 |
| Kn | Extensors | 61.4 | 54.8 |
| | | | |
| | Dorsiflexors | 29.6 | 30.3 |
| ۲le | Plantar Flexors | 44.2 | 27.6 |
| Ankle | Evertors | 31.1 | 41.8 |
| | Invertors | 32.0 | 26.5 |
| | | | |

Springbok Score



Highest Scoring Muscle Groups

- Hip Adductors
- 2 Hip Extensors

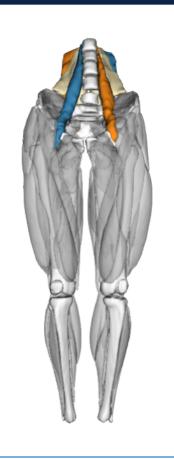
Lowest Scoring Muscle Groups

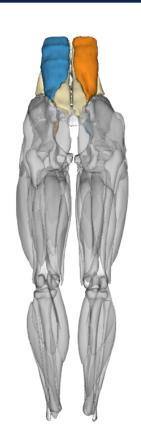
- Ankle Invertors
- 2 Ankle Dorsiflexors

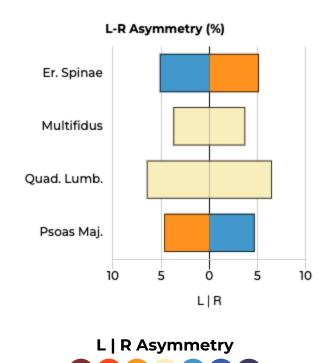
Lumbar Muscles



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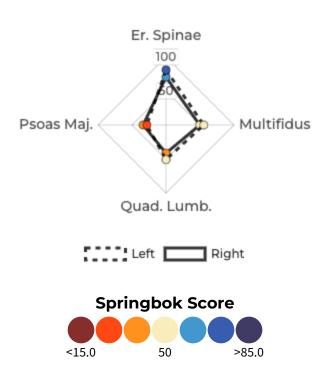


Springbok Score

Normal

Larger

Smaller

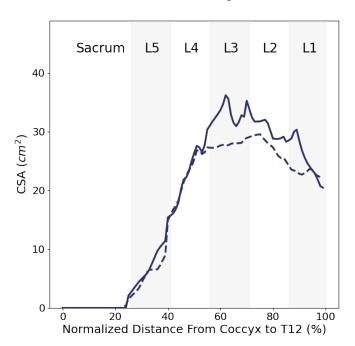


Muscle-Level Metrics Lumbar Muscles - CSA Analysis

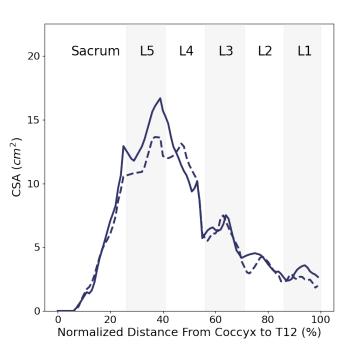


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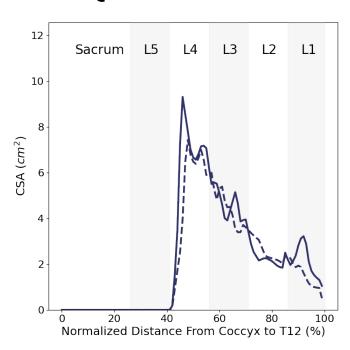
Erector Spinae



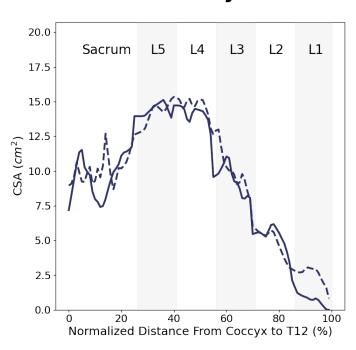
Multifidus



Quadratus Lumborum



Psoas Major

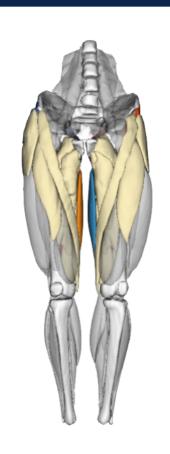


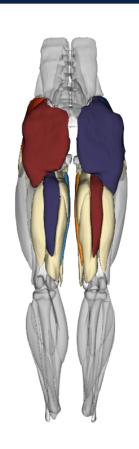


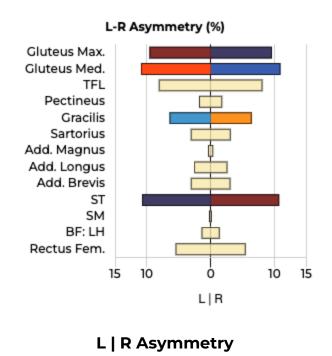
Superficial Hip Muscles



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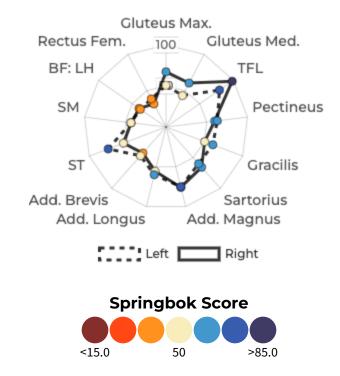


Springbok Score

Normal

Larger

Smaller



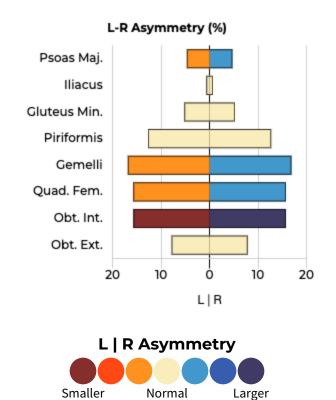
Deep Hip Muscles



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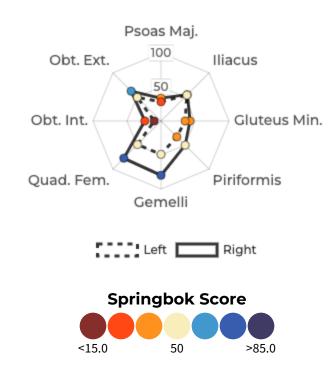








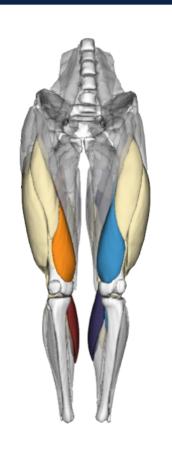
Springbok Score

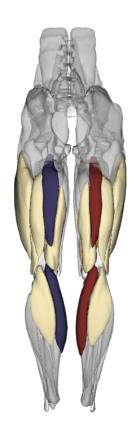


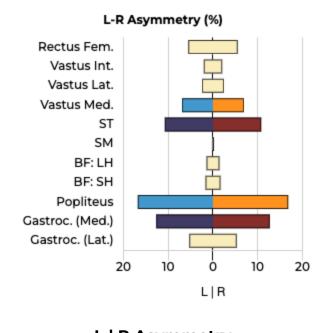
Knee Muscles



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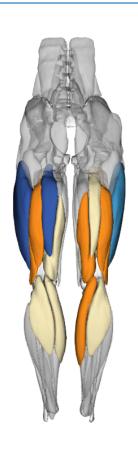




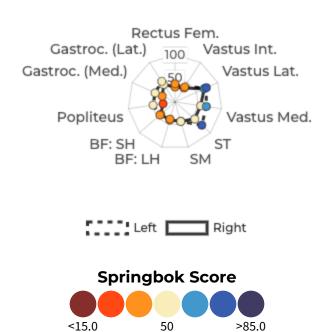








Springbok Score



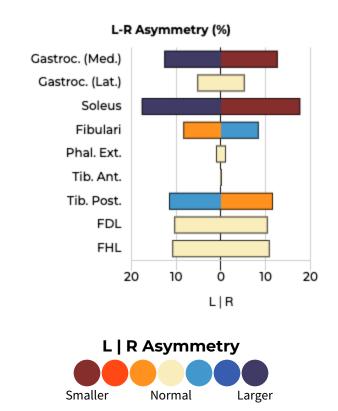
Ankle Muscles



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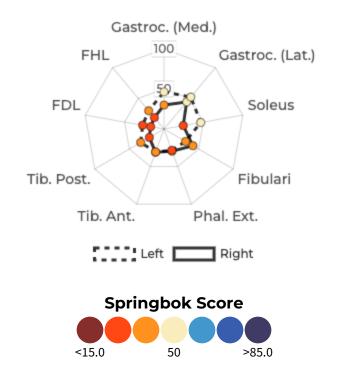








Springbok Score





Interactive Viewer

For an interactive and in-depth view of your study, please visit the Interactive Viewer at app.springbokanalytics.com.

Features Include:

- Interactive anatomical structures
- Interactive data presentation
- Multiple viewing modes for examination of muscle characteristics
- In-depth anatomy database
- Access to original DICOM images
- Study comparison mode
- Integrated screen capture function
- Export feature to download data
- Feedback and suggestions portal



