

EGD preparation instructions

Please follow these instructions carefully as you prepare for your exam.

Procedure time

If your procedure is scheduled at HSHS St Mary's Hospital Medical Center or HSHS St. Vincent Hospital, we will contact you by noon the business day prior to your procedure to inform you of your procedure time. If you are not contacted by this time, please call (920) 884-3400 before 4 p.m.

If your procedure is scheduled at the Prevea Ambulatory Surgery Center, we will contact you seven to 14 days prior to your procedure to inform you of your procedure time. If you are not contacted three days before your scheduled procedure, please call (920) 272-3625.

If your procedure is at HSHS St. Clare Memorial Hospital, we will contact you three to five days prior to your procedure to inform you of your procedure time. If you are not contacted by this time, please call (920) 846-8053.

Arrange for a designated driver for the day of the exam. A responsible family member or friend **MUST** pick you up from your procedure. You are **NOT ALLOWED** to drive or take a taxi, bus, ride share service, or Uber Medical. **If you do not have a responsible driver (family member or friend) to take you home, your exam will be cancelled.**

If you are diabetic to taking weight loss medication, contact your prescribing or primary care provider with any questions regarding oral or injectable diabetic, or weight loss medications.

One week prior to your procedure

Please call our office at (920) 429-1700 if you are taking any of the following medications or have difficulty swallowing and have not yet received instruction.

- Coumadin/Warfarin/Jantoven
- Xarelto/Rivaroxaban
- Lovenox/Enoxaparin
- Plavix/Clopidogrel
- Savaysa/Edoxaban
- Pradaxa/Dabigatran
- Eliquis/Apixaban
- Brilinta/Ticagrelor
- Effient/Prasurgel

Morning of your procedure

- Do **NOT** eat or drink anything after midnight including gum, mints or hard candy.
- With the exception of any blood pressure or anti-seizure medications, do **NOT** take any prescribed and over-the-counter medications the morning of the procedure. You may use any eye drops and inhalers as usual.
- It is hospital policy that any female aged 10 to 55 have a pregnancy test prior to the procedure.

If you have questions, please call your physician at (920) 429-1700 or toll free at (888) 277-3832. There is a nurse available 24 hours a day.

Need to reschedule:

Cancellations 48 hours in advance are preferred.

If your procedure is scheduled at:

- Prevea Ambulatory Surgery Center, please call (920) 272-3648 to reschedule.
- HSHS St. Mary's Hospital Medical Center, please call (920) 433-8329 Monday through Friday from 8 a.m. to 4:30 p.m. to reschedule.
- HSHS St. Clare Memorial Hospital, please call (920) 846-8053 to reschedule.