

CUSTOMIZABLE PLANS AVAILABLE UPON REQUEST!



- Health & Wellness Presentations Tailored to Employee and Company Interests
- Health Assessments
- On-site and Virtual Fitness Classes
- Personal Training Opportunities
- Assistance with Fitness Incentive Programs
- Corporate Outings
- Custom Fitness Challenges

Contact the Kroc Center for more information at gbkroc.info@usc.salvationarmy.org



EMPLOYEE WELLNESS PROGRAM onnection

CORPORATE WELLNESS PROGRAMS PAY by DIVIDENDS

Not only is The Salvation Army Kroc Community Center a state-of-the-art fitness facility that offers personal training and group fitness classes, you will find plenty of opportunities for family activities. The Kroc offers an array of fitness, aquatics and fine art classes for kids and adults, as well as plenty of events to keep you happy and healthy all year long.







77%

of organizations indicated their wellness program was somewhat or very effective in reducing healthcare costs. (Employees Benefits, SHRM)

\$3.27

Medical costs decrease approximately \$3.27 for each dollar a business spent on wellness programs. (Aflac Workforces Report)

28%

Companies that implemented a wellness program experienced a 28% reduction in employees calling in sick.
(Institute for Healthcare ConsumerismTM)

COMPANY BENEFITS

- 20% Off Room Rental Perfect for:
 - Workshops
 - Award Programs
 - Meetings
 - Conferences
 - Corporate Parties
- Business Trainings
- 1 FREE On-site
 Wellness Presentation
 per Year
- Kroc Attendance at Company Health Fairs
- Usage Report as Requested



MEMBER BENEFITS

- Free Kroc Start Fitness Center Orientation
- Free Wellness Consultation
- Free Drop-in Group Land and Water Fitness Classes
- Free Two Hours of Child Watch per Child per Day
- State-of-the-art Fitness Center
- Open Swim and Aqua Fitness Classes in our Aquatics Center
- Gym and Indoor Track
- Discounts on Classes, Afterschool Care and Holiday, Spring and Summer Day Camps

How it works

CHOOSE A PLAN THAT FITS YOUR LIFESTYLE

MEMBERSHIP TYPE	MONTHLY RATE*
Youth (ages 12-26)	\$23.38
Adult (age 27-61)	\$41.65
Senior (age 62+)	\$28.05
Family	\$62.90
Whole Household	\$79.05

^{*} Price reflects a 15% discount

Corporate Connections Employee Benefits include:

- Waived \$40.00 Processing Fee
- 15% Membership Discount

Let's get started!

- **1.** Bring in your Paystub or Employee ID
- 2. Fill out a Membership Application