## Your guide to orthopedic care *Care when you need it*.



## FOR URGENT ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
NURSE CALL	For injury, illness or medical advice. For guidance whether to wait to see your provider or to seek medical treatment sooner.	Available 24/7	Free	Call ( <u>888) 277-3832</u>
VIRTUAL CARE	For injuries, pain and minor burns.	Available 24/7 Response within one hour during business hours of 8 a.m. to 8 p.m. Monday through Friday, 8 a.m. to 4 p.m. weekends. If visit is initiated outside of business hours, a response will be provided by 9 a.m. the following day.	<b>Up to \$35</b> Pay online by credit or debit card. No charge if a diagnosis cannot be determined.	Visit prevea.com/virtual care Fill out an online questionnaire for a medical assessment, diagnosis and treatment plan.
URGENT CARE	<ul> <li>For conditions such as:</li> <li>Animal bites</li> <li>Cuts without profuse bleeding but require stitches</li> <li>Sprains, strains, dislocations and minor fractures/ broken bones</li> <li>Learn more</li> </ul>	Monday – Friday 8 a.m. to 8 p.m. Weekends and holidays 8 a.m. to 4 p.m. at select locations	<b>Office visit</b> Billable to insurance	Walk-in care at any <u>Prevea Urgent Care</u> <u>location</u> Optional: reserve your spot online
EMERGENCY ROOM	<ul> <li>For medical emergencies if you are experiencing:</li> <li>Severe pain</li> <li>Severe broken bones</li> </ul>	Available 24/7	<b>Emergency visit</b> Billable to insurance	Call 911 or go to your nearest emergency department

## FOR NON-URGENT ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
MYPREVEA	<ul> <li>Send secure non-urgent messages to a recent provider to:</li> <li>Ask a question</li> <li>Send a comment</li> <li>Request a prescription refill</li> <li>Request an appointment</li> <li>Learn more</li> </ul>	<b>Available 24/7</b> Messages typically responded to within two business days.	Free	Visit <u>myprevea.com</u> or MyPrevea app New users, go to <u>myprevea.com</u> , click on SIGN UP NOW, then click the green SIGN UP ONLINE button on the right side of the screen.
SPORTS MEDICINE AND FAMILY MEDICINE PHYSICIANS	<ul> <li>Injury care and non-surgical treatment</li> <li>Care of muscle, bone and joint conditions that do not require surgery</li> <li>Casting and splinting</li> <li>Concussion diagnosis and management for athletes and non-athletes</li> <li>Family medicine services</li> <li>Yearly physicals including sports physicals</li> <li>Sick visits</li> <li>Management of chronic conditions</li> </ul>	<b>Monday – Friday</b> 8 a.m. to 5 p.m.	<b>Office visit</b> Billable to insurance	<u>Schedule online</u> Call ( <u>888) 277-3832</u> No referral needed
PHYSICAL AND OCCUPATIONAL THERAPISTS	<ul> <li>Hands-on treatment of disease, injury or deformity</li> <li>Experiencing muscle, bone or joint pain</li> <li>Suffering from arthritis</li> <li>Recovering from surgery or injury</li> <li>Learn more</li> </ul>	<b>Monday – Friday</b> 8 a.m. to 5 p.m.	<b>Office visit</b> <u>Cash pay</u> or billable to insurance	<u>Schedule online</u> Call <u>(888) 277-3832</u> <u>No referral needed</u>
ROUTINE FOOT CARE SPECIALISTS	<ul> <li>Toenail clipping</li> <li>Corn/callous trimming care</li> <li>Foot care guidance and counseling</li> <li>Learn more</li> </ul>	<b>Monday — Friday</b> 8 a.m. to 5 p.m. Green Bay and Sheboygan regions only.	<b>\$45</b> Payment at check-in; not billable to insurance	<u>Schedule online</u> Call <u>(920) 272-3300</u>
PHYSIATRISTS/PAIN MANAGEMENT PHYSICIANS	<ul> <li>Treatment to reduce pain, strengthen muscles and restore mobility</li> <li>Acute musculoskeletal pain and injury</li> <li>Acute and chronic nerve pain issues or nerve conditions</li> <li>Chronic back and neck conditions</li> <li>Conditions that impairs function</li> <li>Learn more</li> </ul>	<b>Monday – Friday</b> 8 a.m. to 5 p.m.	<b>Office visit</b> Billable to insurance	<mark>Schedule online</mark> Call (888) 277-3832 No referral needed

## FOR NON-URGENT ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
CHIROPRACTORS	<ul> <li>A drug-free approach to reduce spinal nerve stress</li> <li>Chronic joint or muscle pain</li> <li>Back or neck pain</li> <li>Frequent headaches</li> <li>Been in a car accident recently</li> <li>Been diagnosed with arthritis, fibromyalgia or chronic fatigue syndrome</li> <li>Learn more</li> </ul>	<b>Monday — Friday</b> 8 a.m. to 5 p.m. Sheboygan County only	<b>Office visit</b> Billable to insurance	<b>Call <u>(920) 783-3150</u></b> No referral needed
ORTHOPEDIC PROVIDERS NPs and PAs	<ul> <li>Evaluation and treatment of common muscle, bone or joint concerns</li> <li>Perform physical examinations</li> <li>Diagnose and treat acute injuries</li> <li>Order imaging, such as X-rays and MRIs</li> <li>Prescribe medications and other therapies/treatment</li> <li>Perform procedures, such as suturing and casting</li> <li>Assist in surgery</li> <li>Administer injections</li> </ul>	<b>Monday – Friday</b> 8 a.m. to 5 p.m.	<b>Office visit</b> Billable to insurance	Schedule online Call (888) 277-3832 No referral needed
ORTHOPEDIC SURGEONS MDs and DOs	<ul> <li>Complex or surgical muscle, bone or joint care</li> <li>Arthroscopy</li> <li>Cartilage restoration, repair and replacement</li> <li>Fracture management</li> <li>Joint replacement including hip, knee, ankle, shoulder, elbow and wrist replacements</li> <li>Ligament and tendon repair</li> <li>Learn more</li> </ul>	<b>Monday – Friday</b> 8 a.m. to 5 p.m.	<b>Office visit</b> Billable to insurance	Schedule online Call (888) 277-3832 Referral needed
PODIATRISTS	<ul> <li>Specialized treatment specifically for feet and ankles</li> <li>Non-operative and surgical care</li> <li>Orthotics and corrective inserts</li> <li>Routine foot care</li> <li>Learn more</li> </ul>	Monday – Friday 8 a.m. to 5 p.m.	<b>Office visit</b> Billable to insurance	Schedule online Call (888) 277-3832 No referral needed