## YOUR GUIDE TO ORTHOPEDIC CARE | CARE WHEN YOU NEED IT PRE

PREVEA

FOR **URGENT** ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
NURSE CALL	For injury, illness or medical advice.  For guidance whether to wait to see your provider or to seek medical treatment sooner.	Available 24/7	Free	Call (888) 277-3832
VIRTUAL CARE	For injuries, pain and minor burns.	Available 24/7 Response within one hour during business hours of 8 a.m. to 8 p.m. Monday through Friday, 8 a.m. to 4 p.m. weekends. If visit is initiated outside of business hours, a response will be provided by 9 a.m. the following day.	Up to \$35  Pay online by credit or debit card.  No charge if a diagnosis cannot be determined.	Visit prevea.com/virtual care Fill out an online questionnaire for a medical assessment, diagnosis and treatment plan.
ORTHOPEDIC WALK-IN INJURY CLINIC	For injuries, such as:  Sprains and strains Fractures Sports injuries Joint pain or swelling Tendonitis or bursitis Work-related orthopedic injuries Other acute orthopedic concerns	Monday - Friday 8 a.m. to 4 p.m.	Office visit Billable to insurance	Walk-in care at: Prevea Sheboygan Medical Office Building 3113 Saemann Ave., Sheboygan Prevea Orthopedics and Sports Medicine Clinic, 2nd floor of HSHS St. Mary's Hospital Medical Center, Green Bay
URGENT CARE	<ul> <li>For conditions such as:</li> <li>Animal bites</li> <li>Cuts without profuse bleeding but require stitches</li> <li>Sprains, strains, dislocations and minor fractures/broken bones</li> </ul>	Monday – Friday 8 a.m. to 8 p.m. Weekends and holidays 8 a.m. to 4 p.m. at select locations	Office visit Billable to insurance	Walk-in care at any Prevea Urgent Care location Optional: reserve your spot online
EMERGENCY ROOM	<ul><li>For medical emergencies if you are experiencing:</li><li>Severe pain</li><li>Severe broken bones</li></ul>	Available 24/7	Emergency visit Billable to insurance	Call 911 or go to your nearest emergency department

## FOR **NON-URGENT** ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
MYPREVEA	Send secure non-urgent messages to a recent provider to:      Ask a question     Send a comment     Request a prescription refill     Request an appointment  Learn more	Available 24/7 Messages typically responded to within two business days.	Free	Visit myprevea.com or MyPrevea app New users, go to myprevea.com, click on SIGN UP NOW, then click the green SIGN UP ONLINE button on the right side of the screen
SPORTS MEDICINE AND FAMILY MEDICINE PHYSICIANS	<ul> <li>Injury care and non-surgical treatment</li> <li>Care of muscle, bone and joint conditions that do not require surgery</li> <li>Casting and splinting</li> <li>Concussion diagnosis and management for athletes and non-athletes</li> <li>Family medicine services</li> <li>Yearly physicals including sports physicals</li> <li>Sick visits</li> <li>Management of chronic conditions</li> </ul>	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online  Call (888) 277-3832  No referral needed
PHYSICAL AND OCCUPATIONAL THERAPISTS	<ul> <li>Hands-on treatment of disease, injury or deformity</li> <li>Experiencing muscle, bone or joint pain</li> <li>Suffering from arthritis</li> <li>Recovering from surgery or injury</li> </ul> Learn more	Monday – Friday 8 a.m. to 5 p.m.	Office visit  Cash pay or billable to insurance	Schedule online  Call (888) 277-3832  No referral needed
ROUTINE FOOT CARE SPECIALISTS	<ul> <li>Toenail clipping</li> <li>Corn/callous trimming care</li> <li>Foot care guidance and counseling</li> </ul> <u>Learn more</u>	Monday – Friday 8 a.m. to 5 p.m.	\$50 Payment at check-in; not billable to insurance	<b>Call</b> (920) 272-3300
PHYSIATRISTS/PAIN MANAGEMENT PHYSICIANS	Treatment to reduce pain, strengthen muscles and restore mobility  - Acute musculoskeletal pain and injury  - Acute and chronic nerve pain issues or nerve conditions  - Chronic back and neck conditions  - Conditions that impairs function	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online  Call (888) 277-3832  No referral needed

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CHIROPRACTORS	<ul> <li>A drug-free approach to reduce spinal nerve stress</li> <li>Chronic joint or muscle pain</li> <li>Back or neck pain</li> <li>Frequent headaches</li> <li>Been in a car accident recently</li> <li>Been diagnosed with arthritis, fibromyalgia or chronic fatigue syndrome</li> </ul>	Monday - Friday 8 a.m. to 5 p.m. Sheboygan County only	Office visit Billable to insurance	Call (920) 783-3150 No referral needed
ORTHOPEDIC PROVIDERS NPs and PAs	Evaluation and treatment of common muscle, bone or joint concerns  Perform physical examinations Diagnose and treat acute injuries Order imaging, such as X-rays and MRIs Prescribe medications and other therapies/treatment Perform procedures, such as suturing and casting Assist in surgery Administer injections  Learn more	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online  Call (888) 277-3832  No referral needed
ORTHOPEDIC SURGEONS MDs and DOs	Complex or surgical muscle, bone or joint care  Arthroscopy  Cartilage restoration, repair and replacement  Fracture management  Joint replacement including hip, knee, ankle, shoulder, elbow and wrist replacements  Ligament and tendon repair  Learn more	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online  Call (888) 277-3832  No referral needed
PODIATRISTS	<ul> <li>Specialized treatment specifically for feet and ankles</li> <li>Non-operative and surgical care</li> <li>Orthotics and corrective inserts</li> <li>Routine foot care</li> </ul> Learn more	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online  Call (888) 277-3832  No referral needed